

### COME HIKE WITH WCPCA

#### **SATURDAY, JUNE 23**

Thurston Hills Natural Area Hike

Join us for an easy hike at a new trailhead built by Willamalane. This is a **family-friendly** 1.9 mile hike on gravel surface. There is ample parking and modern restrooms.

Take Highway 126 east of Springfield, just after the cemetery, look for the entrance on the right. We will meet at 10:00AM in the parking lot.

Some folks may want to stop at SPROUT (across from Springfield Police Station) for lunch after the hike.



#### **UPCOMING EVENTS**

6/5 Pub Night

6/23 Thurston Hills Hike

8/2 RegionalCampout

8/12 Summer Picnic

Pub Night @ Hop Valley at 6 pm on June 5th.



WCPCA now has 93 paid members!

# UPCOMING EVENTS

"Save the Date" for outdoor summer picnic at Dale Morse's place on Sunday, August 12 at 2:00pm.



Northwest Regional campout August 2-5

> RIVERSIDE STATE PARK, WASHINGTON

RPCVs from throughout Idaho, Oregon, and Washington will gather at Riverside State Park, less than 5 miles north of downtown Spokane, alongside the Spokane River, Group Site #1. Stay tuned for more information.

# World Refugee Day 2018 Events! Mark Your Calendar!

Wednesday, June 20, 5 - 8:00 pm Community Celebration in honor of World Refugee Day 2018 First United Methodist Church, 1376 Olive Street, Eugene

Come and enjoy --

- Food carts
- More than 20 information tables
- Presentation of the play "Now I Am Your Neighbor"
- No Lost Generation's refugee tent
- International music
- Traditional arts and crafts demonstrations
- Multicultural books for sale
- Storytelling for kids
- Traditional desserts
- A3 student projects
- Refugee kit-making
- Opportunity to learn a Syrian folk dance!
- And much more!

Speaker Paul Jeffrey. Paul Jeffrey is an award-winning journalist who has traveled to more than 80 countries, including Sudan, Syria, Bangladesh, Haiti, Gaza, and Guatemala. He has witnessed everything from hurricanes to health care crises and, most recently, refugees trying to achieve safety in camps and refugee communities. His photos and writing have appeared in many newspapers and magazines and have been used by the World Bank, World Health Organization, and UNESCO.

## WCPCA Members Volunteering in Our Community

#### Food For Lane County



THANK-YOU RPCVs for supporting community work at Food for Lane County. Your many Monday evenings contributed to packaging rescue food, as well as, other important tasks. See you in September when we start again!



#### Hendricks Park







# Removing Invasives

Thanks to Patty for coordinating this project.

# Reusable Menstrual Pads (RUMPS) by Oregon Volunteer Nastassia Donoho-Hill (PCV Lesotho).





It has happened, finally! We had our Seshoeshoe Pad kickoff event this week and it was an amazing success. What is a Seshoeshoe Pad you ask? It is a reusable menstrual pad that is made out of Seshoeshoe, the local fabric of Lesotho. These pads have been made by 10 impressive women who have faced many odds and are some of the most resilient women I have ever met. All of these women go above and beyond in helping raise these amazing and beautiful children. Sadly, Lesotho has an unemployment rate is approximately 50% and with Mokhotlong being very remote and rural, it is even higher. This project is helping women do a side job, while also being able to raise children. 10 women came for 2 days of sewing, dancing, and singing. Learning how to make Seshoeshoe Pads, learn about menstrual health, and completed 38 Seshoeshoe Pads! We are already planning our second training to train more women and help provide for more children.



